

BRIDGE TO 100 NETWORK

Faith and Science in Pursuit of Lasting Recovery

FOR IMMEDIATE RELEASE

Media Contacts:

Bridge to 100 Network — support@bridgeto100.org — 910-664-9469

Hope Center Ministries — Mark Hall — 919-210-4421

Christian Recovery Centers, Inc. — Josh Torbich — 910-664-9469

Faith and Science:

HHS Secretary Kennedy Visits NC Recovery Ministries Backed by UNC Research

The Bridge to 100 Network presents 18 months of research findings on faith-based recovery outcomes to HHS leadership at Network member Hope Center Ministries' Goldsboro, N.C., campus

GOLDSBORO, N.C. — August 4, 2026 — U.S. Secretary of Health and Human Services Robert F. Kennedy Jr., joined by senior officials from the U.S. Department of Health and Human Services (HHS), visited Hope Center Ministries' Goldsboro campus for a firsthand look at the Bridge to 100 Network's Faith and Science Framework — a model of addiction recovery that pairs faith-based residential care with clinical partnership and ongoing scientific research into long-term outcomes.

The Network's Faith and Science Framework rests on three core components: Aspire, a holistic self-assessment tool used with every incoming program participant to measure outcomes across six dimensions of well-being; Leadership Fellows, which builds capacity within member ministries' leadership and organizational systems; and Collective Community Impact, which brings together cross-sections of voices from each community the Network serves to shape and sustain the work.

The visit grew out of direct outreach from Secretary Kennedy's office to Robin Hayes, founder of the Bridge to 100 Network, after HHS expressed interest in learning more about the Network's Faith and Science Framework for an ongoing federal research project examining the outcomes produced by this model of care. It was preceded by an earlier visit from Dr. Monty Burks, Director of HHS's Center for Faith-Based and Neighborhood Partnerships, who came to Christian Recovery Centers, Inc.'s Brunswick County NC Campuses to learn more about the Network firsthand ahead of the Secretary's trip.

Secretary Kennedy and the HHS delegation met with leadership from Hope Center Ministries and Christian Recovery Centers, Inc. (CRCI) — two of the Bridge to 100 Network's three pilot programs implementing the model of care for the research project. (Ground 40, the Network's third pilot program, was not represented at this meeting.) Also present were Southeastern Integrated Care, the Network's clinical partner, and leaders from the Lumbee Tribe of North Carolina.

During the visit, Josh Torbich, President of the Bridge to 100 Network and CEO of Christian Recovery Centers, Inc., presented findings from an 18-month research study supported by the North Carolina Collaboratory and conducted in partnership with the University of North Carolina, examining outcomes for individuals in faith-based addiction recovery programs. Early results show that pairing faith-based residential care with comprehensive clinical support cut client dropout rates from more than 40 percent to approximately 20 percent,

and that more than 80 percent of participants showed measurable improvement across all six dimensions of personal well-being measured by the study.

Torbich's presentation emphasized that faith-based recovery programs like those in the Bridge to 100 Network are not only helping individuals survive addiction but supporting their pursuit of a full and sustainable sense of purpose and overall well-being — a distinction he and other Network leaders say is central to why the model continues to produce strong long-term outcomes.

"Helping individuals recover and find overall well-being has been the goal from day one. We have always known the work from faith-based recovery programs is effective — we can see it through thousands of individuals who have reached a place of great success. Now the data is proving what faith already knew," said Josh Torbich, President of the Bridge to 100 Network. "Having Secretary Kennedy and the HHS team here to see that evidence firsthand, alongside our partners at Hope Center Ministries, Bridge to 100, Southeastern Integrated Care, and the Lumbee Tribe, was an incredible affirmation of the work happening across North Carolina."

"Faith communities have always been more than places of worship—they are places of hope, belonging, and second chances. Bridge to 100 Network embodies that." Said Dr Monty Burks, Dir of the US HHS Office of Faith "They understand that recovery is not simply about helping someone stop using drugs or alcohol; it's about walking alongside people as they rebuild their lives, rediscover their purpose, and recognize their God-given value. Recovery happens in community, and they are a powerful example of what can happen when faith, compassion, and opportunity come together."

About the Bridge to 100 Network

The Bridge to 100 Network is a North Carolina-based network of faith-based recovery ministries — including pilot programs Christian Recovery Centers, Inc., Hope Center Ministries, and Ground 40 — working together to strengthen organizational capacity and scale a Faith and Science Framework for addiction recovery. The Network's research is supported by the North Carolina Collaboratory in partnership with the University of North Carolina Wilmington's Leadership Fellows Academy. Learn more at bridgeto100.org.

About Christian Recovery Centers, Inc.

Christian Recovery Centers, Inc. (CRCI) is a faith-based nonprofit serving individuals impacted by addiction across the Carolinas. What began as a single program serving 12 individuals has grown into a ministry providing more than 250 no-cost residential treatment, recovery, and re-entry beds. CRCI's approach integrates the strengths of faith and science to help individuals move from a place of suffering into a place of lasting well-being. Learn more at cocrecovery.org.

About Hope Center Ministries

Hope Center Ministries is a faith-based recovery organization operating more than 50 residential programs across the United States, including its campus in Goldsboro, N.C. Guided by a mission to help men and women overcome drug and alcohol addiction through faith in Jesus Christ, Hope Center Ministries combines biblical principles with a 12-step recovery model to restore individuals, families, and communities.

###