

## A Message from our CEO

TT Just like that, the first quarter of our new year is over. It's amazing to watch how CRCI continues to grow and expand its reach to positively impact those suffering from substance use disorders. I was walking down the hallway last week at Grant's Harbor and passed by a group of our residents waiting in line to eat dinner. The spirit in the hallway did not leave me with the impression that anyone in the group was suffering. Don't get me wrong, I understand each one is in a residential recovery program in a desperate attempt to rebuild their lives. I know each one of them has their worries, unfulfilled needs, and overall problems. Even still, the impression was not mirroring any of that reality. Instead of feeling like I was encountering individuals in desperate need of a life change, the environment projected a group of people full of joy and hope. Many of them laughed in their smaller groups that had formed in the massive line leading down the hallway, others versed about day's excitedly the activities. observations took place in a short frame but they left an impression on me. The time to experience God's love is always now. No matter what's going on in your life and no matter what the problems might be. Circumstances in life might change, if you're anything like me you will continue to experience highs and lows, but the confident hope that our overall plan is being nurtured by the creator of the universe is the thing that gives us peace and joy that will surpass our understanding. I was taken back when one of the men in the group snapped me out of my intense observation with the very loud and boisterous question..."Josh! Bless the food for us!" I stopped while all the men removed their hats and I began to pray a prayer of gratitude for each and every one of them. I thank God for the end of day reminder I received from a group of men in a residential recovery program that God's love is bigger than any situation.

CRCI doesn't just serve as a testimony for those in the most desperate place in life. It serves as a continual testament to the work he continues to do in our life. Thank you for helping us bridge the gap in serving more and more individuals while we help to restore their lives.

-Josh Torbich, CEO

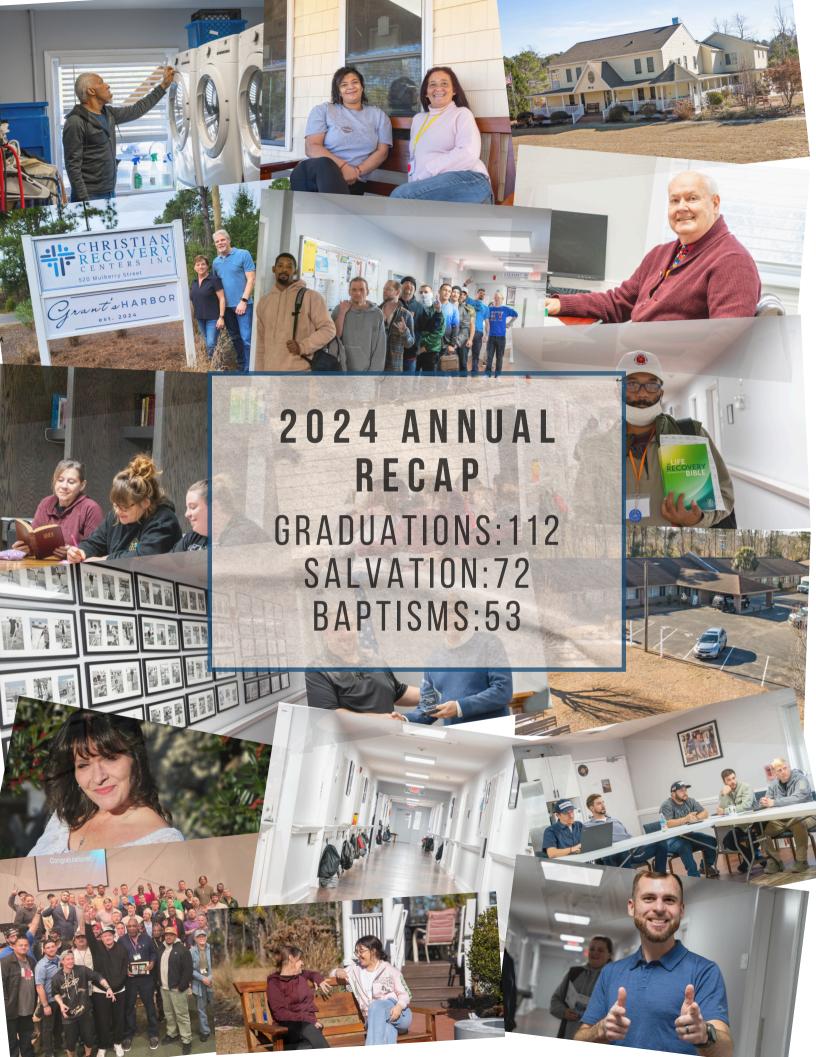






CRCI is one of the most innovative programs in our state. Recently recognized by UNC Chapel Hill. CRCI was in a NC collaborative research project that is working to understand its full effect of its full model of care. CRCI's motivational track program offers a complete clinical option for those looking to exit a lifestyle of addiction. In the same framework CRCI has also supported psycho stabilization. This clinical treatment option is proving to be an extremely fruitful precursor to an individual entering our residential recovery program. With options for social setting detox, CRCI can seamlessly complete a medically supported titration process moving them from active addiction into stabilization. This approach incorporates the best component of our faith based program integrated with necessary portions from our scientific community. So much so the model has been described as **faith and science**.

In coordination with this entry level treatment program CRCI has introduced a new tool that focuses on social determinants of health that improves a person's overall wellbeing. This change in programming allows an increased focus on an individuals priorities that take a closer look at their objectives in life instead of just simply treating the substance use disorder. It is here we find a true indicator for success taking individuals from a state of suffering to a state of thriving. Allowing an individual to make healthy decisions for themselves during the entire recovery process while being supported by a care team that is intensely involved in their rebuilding process in life reinforcing CRCI 's major goal of introducing self governance for each and every individual. We have already seen such meaningful success in an individual's ability to stabilize which clearly sets the right foundation for them to move forward creating environments with the right information so that they may make the most fruitful decisions for their life. If you would like more information to understand this new model of care please visit our website at **crcirecovery.org/aspire** 



The road to recovery is long, and CRCI often serves as the starting point for many individuals on the pathway to recovery. Here, we check on a few individuals' journeys since completing the program and reintegrating into the community.

My journey began in 2021, when I entered the Rose House seeking a better life. I learned the importance of surrendering to Christ and releasing expectations. While waiting on God's timing, I gained self-awareness and worked to restore my relationship with my family.

Due to addiction, I had lost custody of my children, who were thankfully cared for by my sister. My commitment to recovery and my walk with Christ led me to accept a job within the Workforce Redevelopment Program.

By the end of 2023, I felt God's guidance to return to court and demonstrate the significant changes I had made. My children began visiting more frequently, and by the summer of 2024, I regained sole custody of my son.

Christmas 2024 brought more joy as both children were together under one roof. Although I knew my daughter would be living elsewhere once school started, God answered my prayers in an unexpected way: my daughter decided to stay with me permanently in 2025!

My journey of three to four years has been filled with tears, prayers, and walking in God's promises. I held onto hope and refused to let go, reminding myself that I serve a God of restoration. I express gratitude to God for saving my life, allowing me to embrace my role as a mother, and to the leaders at the Rose House who helped me recognize my worth and trust in God's Word.

### GRADUATE CHECK- IN









#### CHRISTIAN RECOVERY CENTERS INC. (CRCI)

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## CONNECT WITH US!



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# **EVENTS 2025**



8TH ANNUAL GOLF TOURNAMENT VISIT WEBSITE FOR MORE INFO! CHARITYGOLFTODAY.COM/CRCIRECOVERYORG



APRIL 26 BANDING TOGETHER FOR CRCI
5PM-8PM
CRCIRECOVERY.ORG/BANDING-TOGETHER



NOV 15 ANNUAL CHARITY GALA
SEATRAIL CONVENTION CENTER
CRCIRECOVERY.ORG/CHARITY-GALA-2025



Looking for ways to give back?

We've got volunteer and sponsorship opportunities available!

And hey, since we're a 501(c3), all your donations are tax deductible. Win-win!

